## **Description List/Text Sheet**

What to Wear, Vol. 2: Perfect Figure, Graceful Lines...and the Re-birth of Charm Tamar Stone © 2005-6

## **Outside/Cover Girdle:**

Vintage salesman sample cotton/rayon girdle with ribbed elastic panels, ribbon straps, and side hook/eye closures.

Height: 12" - including straps

Width closed: 6" Width open: 12 1/2"

## **Interior Dolls:**

Ink jet printed girdles and dolls images on Quick Fuse Inkjet fabric sheets. Machine and hand-stitched stitched girdles and dolls, connected with satin ribbon.

Doll Height: 7" Doll Width: 2 1/2"

Total length of 10 dolls joined together: 37"

Girdle Height: 5 1/2" – straps to garters

Girdle Width: 2"

Machine stitched, cotton embroidered text

Tamar Stone © 2005-6

Title

Embroidered outside

corset front

Perfect Figure,

Graceful Lines...

Embroidered outside

corset back

What to Wear

**Vol. 2:** 

Embroidered inside corset, left side

... and the Re-birth of Charm

Embroidered inside corset, right side (under dolls)

A Spinal Support,

*individually designed* to provide the degree of rigidity in alignments of affected parts.

Embroidered front flap, covering dolls

Dress once expressed the person, now it disguises it...

well, disguise may sometimes be necessary.

Girdle 1 front

This new group of under-fashions designed to make you feel the

*Joy of Living* as well as look the *Picture of Vital Loveliness*.

back

"Now every woman can experience a Re-birth of Charm..."

**Doll 1** front

Of course it goes without saying that it is the fat woman who

has the most troubles.

This much-harassed woman must learn that flesh has got be accepted. She cannot push is aside, because that only makes it the more prominent

in a place where it ought not to be.

back

This boneless flexibility will give you a *New Freedom*...

while hips are firmly restrained, waist neatly defined, breast artfully lifted ...

just enough to keep in its proper place any extra fat.

**Girdle 2** front Its' beautiful lines support the bust comfortably without forcing or compression.

Moulds the back and shoulders into perfect contour, provides a perfect hang

for the gown and lends poise and grace to the figure.

This *Real-form Girdle* will help whittle you down.

**Doll 2** front *However, there really is a place for all flesh, but all flesh must be kept in its* 

place. Be sure to remember this when you start to reduce your figure.

Don't try to move your abdomen up and then compress it in a place

where it does not belong.

The unequal distribution of flesh causes incorrect corsets to "dig in"

here and there – and to ride up on the figure.

**Girdle 3** front "Youth can be Re-Created...and it is Easy"

back What wouldn't you give to be young again?

What wouldn't you do to have youth's glorious health –

to feel its tireless vitality?

To see reflected in your mirror, a lovely, youthful figure?

**Doll 3** front Every stout woman must stop thinking that she can wear a corset two or

three sizes smaller than she needs by actual measurement....

It is how she looks in her corset, and how she feels in it, that counts.

Let me tell you that the fat woman looks much better in a corset an inch or so too large for her, where her fat can sink down into it,

rather than in a corset two or three inches too small which presses her fat up and out until it appears in

many unsightly bulges and bumps.

A safe rule to follow is to wear a corset in a size three inches smaller than

the waistband of your dress.

The bottom of the corset is entirely concealed by this arrangement and the flesh

is not allowed to escape below the corset when the wearer is seated.

The flesh is adaptable in its place, but it is more than perverse and obstinate

where it does not belong.

Girdles/dolls fold out book Tamar Stone © 2005-6

**Girdle 4** front You can bring back a youthful appearance and youthful health and strength...

You can actually remodel your figure! It will correct any ungraceful development

of bust, hips or thighs.

It will flatten the abdomen, *naturally*.

back It will give you greater energy and endurance – a happier outlook on life!

{...stitched for uplift improvement}

**Doll 4** front A word of advice to the thin woman who happens to have a large bust

in proportion to the rest of the lines of her figure.

It may be a temptation for her to wear a low-bust corset that is nothing more than a girdle, *but this she must not do*. She must be careful to confine her bust, and so help to give

symmetrical lines to her figure.

back A good woman cannot possibly look like a bad one, and a bad one,

over thirty-five years of age has never looked like a saint.

**Girdle 5** front Several brave attempts were made to introduce a dress reform that

would do away with the corset altogether.

Women were willing to try it, but they soon found that the figure deteriorated

without material benefit to the health, and then a new idea was born.

back It was realized that a youthful figure was Nature at her best, and

*Nature at her best means health.* 

**Doll 5** front There are many types of fat women, and in selecting a corset it is necessary

to cater to the special part of the figure which needs attention.

For instance, there are stout women with rather slender hips,

but with an abdomen that is most prominent.

For this type of figure there is a specially designed corset,

with straps which not only reduce the abdomen but hygienically support it.

As soon as you begin to wear it you will realize the importance of its scientific

design as a means of improving health and preserving physical youthfulness.

{admirable style for well developed figures, confining a fleshy hip beautifully}

**Girdle 6** front While a woman's figure is her own, it is more or less mobile,

and it is the corset designer's art to give her without any discomfort

whatever the figure lines demanded by the dressmaker.

The part of the figure encompassed by the corset must be held in shape,

as well for health as for fashion.

It is not necessary to have a *Perfect Figure*, but you must make the most

of what Graceful Lines you have, and show that your type of figure can be

made to look well in an up-to-date corset.

**Doll 6** front It is the wise woman who decides in the beginning just what corset suits her

figure best, and also what corset best improves the lines of her figure.

Then it is the corset that she clings to.

back A well-ordered dress helps to put one at leisure from one's self.

The *ease of it,* the sense of fitness it induces,

prepare the mind for the right attitude of courtesy toward others.

**Girdle 7** front The true mission of this article in our attire is to act as a *support and restraint*.

The wearer will then see that sufficient suppleness and elasticity

is given to ensure comfort as well as support, which will result in *Grace of Form and Movement* 

(which will give you what you need where you need it!).

back If lacking in Grace and Form, one must rely more upon

Charm of Color in fabrics.

**Doll 7** front *Curve At Waist to be Emphasized* — Nature in a kindly mood did endow

women with a curve at the waist which is a Line of Beauty when not covered

by over-zealous attempts.

*Beauty of Form* is destroyed when fat accumulates.

back By relieving all pressure along the spine; by providing free circulation of air;

by preventing all lacers from scoring the flesh; — utmost figure improvement

is made possible with genuine comfort.

As the girdle of the brace pressed downward, over the years an impression

around my hips was a constant reminder that I was being corrected...

it took years for the bruised bluish mark to fade away.

Girdle 8 front No matter what type of figure you have, it will respond to the gentle,

moulding effect.

There is no pressure of confinement – no restriction of movement. *The figure will undulate and balance itself out naturally and easily.* 

back This deformity of the figure has taken years to undo...then came the reaction in

gradual un-stiffening of the corset in the last two years to the corset-less figure,

so called – this, nearly spoiled all that has been done before.

Women took it literally, and many tried to go without corsets. It was bad enough

for a slip of a young girl, but when portly women valiantly tried to omit corsets from their wardrobes the result was a tragedy.

**Doll 8** front Wearing one make of corset for a certain time, and then changing to another,

is *fatal to the fit* of your different gowns, throwing their lines entirely out.

In selecting this right, suited-to-the-figure corset,

be sure that it is a reliable corset.

back For Every Woman: These corsets go further toward the relief of all ailments

of women due to drooping chest, hollow spine, round shoulders, internal

disorders...because they are built on scientific methods.

**Girdle 9** front Scientifically designed to simulate proper muscular control for the particular

figure for which it was created; to coax that figure without undue restraint to those harmonious proportions that make possible any type of dressing that would

be reasonably becoming.

back Absolutely Natural - Impossible for even your dressmaker to tell

by touch or sight!

...and are so comfortable they are worn in bed by those who need support

day and night.

(A blessing to women who do their own housekeeping.)

**Doll 9** front Don't buy too cheap a corset, *and* don't wear the corset you do buy, so

continuously that it loses its shape and strength, and therefore does not accomplish its purpose. *Corsets, like clothes need rest, and every woman* 

should of course have more than one or two pairs of corsets.

back Women think of bulges and wrong posture in relation to personal appearance –

when, actually, they are health conditions!

When sagging muscles are properly supported – and the posture improved,

bulges disappear.

**Girdle 10** front The Effect of Dress is indeed of unquestionable importance.

A perfectly suitable dress is a passport almost everywhere.

back Years and pounds really mean little, after all.

The beauty of your figure depends on its curves and its proportions. {Women who are now between 30 - 45 have only themselves to blame

if their figures are not perfect...}

**Doll 10** front The woman who has perfect corset sense is she who wears a corset right in size,

right shape, and so perfectly fitted that corset and figure seem one.

{Can be worn at any time, allowing women to dress as usual and

to preserve a *normal* appearance...}

back ... you only have to tighten or loosen a single lacer, as you put the garment on,

to accomplish these results.

What to Wear, Vol 2: Perfect Figure, Graceful Lines...

Tamar Stone © 2005