Description List and Text Sheet

Antique children undershirts/waist, with cotton embroidered text. Interior antique vests attached with loops to buttons to cover waist lining.

Interior books: 17 pages including front/back covers.

Hand cut vintage cotton bed sheets with digital iris printed images, cotton embroidered text and trim. Hand sewn bindings, antique bone buttons attached to lining with loops.

Book #1 of 2

Outside Cover: Antique off-white linen child waist with 3 bone buttons for front closure, 3 buttons for attaching to stockings/pantaloons

Height w/shoulder straps: 12"

Width closed: 9 1/2"
Width opened: 20 1/2"

Interior Vest: Antique white cotton child waist with 3 cotton covered buttons for front closure, 3 buttons for attaching to stockings/pantaloons

Height w/shoulder straps: 8"

Width closed: 8" Width opened: 16"

Inside Book Pages

Page Height: 4" Page Width: 7 1/2"

Book #2 of 2

Outside Cover: Antique off-white ribbed cotton jersey "Pearl 2/3 Years" child vest with 6 plastic buttons for front closure, 10 waist buttons for attaching to stockings/pantaloons

Height w/shoulder straps: 11"

Width closed: 9" Width opened: 19 1/2"

Interior Vest: Antique white cotton quilted doll vest with 12 hand stitched lacing holes

Height w/shoulder straps: 7"

Width closed: 7 1/2" Width opened: 16"

Inside Book Pages

Page Height: 4" Page Width: 7 1/2" **Cover vest**

To Ensure Grace for Her...

outside front title embroidered

Cover vest

Train your girls to Grace and Beauty

outside back embroidered

Cover vest

Beauty is here today and gone tomorrow unless...

interior lining embroidered

... it is under the guiding hand that never errs.

Interior vest

A beautiful beginning...

front cover embroidered

Interior vest ...to every grace of outline.

back cover embroidered

Inside vest

Gently but effectively train the youthful figure...

interior lining embroidered

...into Beauty of Form and Graceful Poise.

Inside book front cover

embroidered

A Picture of Comfort

front cover back embroidered

She soon feels perfectly at home in the very comfortable newness of her attire.

Inside book p. 1

front

Graceful Development — Encourage it!

...the posture of the body or limbs, materially enhances the grace of the whole figure. The turn of the head should be so managed as to perfect the real and apparent balance of

the figure.

back Help your child to develop gracefully by providing her with the flexible, body-moulding

"Liberty" Bodice. {This garment is designed by experts with a full understanding of a

young child's needs.}

The daintiest and most effective means for correcting the figure ever devised!

Inside	book	p.	2
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front

From the very start woman is trained to vanity. Every mother loves to doll up her baby girl, as the child is admired for her dress and appearance....

To the young child, the girl, the young woman, the important things is Looks, Looks, Looks!

back

Every girl needs a good supply of this precious lubricant, which not only smoothes the rough places but gives to the life a fragrance that is very pleasant.

Inside book p. 3

front

Modesty and chaste development are a young girl's birthright and her choicest adornment...

{It is a feminine instinct to wish to be an enchantress....}

Our clothing is as literally evolved to meet our needs as the scales of a fish or the feathers of a bird. It just grows on us, socially, as theirs grows on them individually.

back

{The child gets her start in taste as a doll-dressed baby, and develops it on her baby-dressed dolls. She then, among her young associated, comes under the influence of that strong human tendency, imitation.}

Inside book p. 4 front

She offers to her baby daughter a doll with fine dresses for her daily care, and teaches her to find delight in the arrangement of its tiny garments...

{A well-dressed doll would have an important influence in establishing a correct taste in the mind of a child.}

back

...I do not mean dressed as they dress them in some shops with only a few clothes, and made so that they will not take off and on; but with every article of clothing, as if it were a real child, and above all things, a nightgown! I know some children are quite content with putting their dolls to bed in their clothes, or, what is even worse, undressing them and leaving them so, having no nightgown to put them in! (I consider the nightgown of as much importance as the frock). I could not have borne the thought of it being cold at night or uncomfortable.

inside book p. 5

front

The key to *figure beauty* is proportion.

Charm of form, of colour, of soul, are essential to our conception of ideal human beauty.

True beauty consists not only in harmony of the elements, but in their being suitable to the kind of form.

back

...the dolls were all neatly dressed, like babies and little children, and not as fine ladies, on purpose to make them a more rational and useful source of amusement...

Inside book p. 6

front

Nothing is more desirable than a perfect body under perfect control.

"To sit still gracefully," is a rare art. When not intentionally in motion, your body and limbs should be *perfectly at rest*. Your whole deportment should give the idea that your person, your voice, and your mind, is entirely under your own control. *All unnecessary motion* is contrary to the *rules of good breeding*

back

All unmeaning and unnecessary movements are contrary to the rules of grace and good breading.

When not intentionally in motion, your body and limbs should be in perfect rest.

Your whole deportment should give the idea that your person, your voice, and your mind are entirely under your own control.

Inside book p. 7

front

Such comfort for her...They are free, yet supporting

...because it gives to every eager movement, because it supports the growing figure and prevents undue strain...and freedom means grace and poise and healthful development!

{The reports demonstrate a fairly standard initial psychological impact, resulting in anxiety, fear, and withdrawal; this usually improves with time....}

back

...the dress is generally suffered to fall off the shoulders, and is, in fact, only reclaimed in its place by the tight band around its waist. To avoid the uneasiness occasioned by the pressure of the latter, the child slips its clothes off one shoulder, generally to the right, which it raises more than the other; the consequence of this is, that the raised shoulder becomes permanently higher than the other, and the spine is drawn towards the same side. It is said that there is scarcely one woman in fifty who has not one shoulder higher or thicker than the other.

Inside book p. 8

front

Strive to obtain proper deportment...she ought to be correct, without seeming stiff or formal; and easy, without appearing slovenly.

{The position as described, subjected to occasional variations, will be found, by experience, to be the most natural and graceful mode of sitting.}

back

If little girls would learn to play with and consider their dolls as if they were alive, it would really go far towards making them handy when the waxen favorites are exchanged for real "live dolls," and would be more interesting to them than using them merely as toys.

Tamar Stone © 2006

Inside book p. 9

front

A girl is generally taken at her face value, that is, she is thought to be just what she appears to be.

She was never beautiful, but her general air of smartness always gave her a distinction which beauty of face cannot always give.

back

The beauty and adornment of the human form, the *Culture of Personal Beauty*, and in our age, especially of female beauty, is of the first interest and importance.

{It is impossible to separate people from their looks.}

Inside book p. 10

front

See Your Future Beauty Lines.

There must be well-guided thought for making that girl so healthy, physically perfect woman ...to help girls grow healthy, naturally, beautifully.

Have you touched beauty today?

back

So long as study and practice are continued on these lines, we are confident that they will eventually lead to an outcome of permanent artistic value.

Inside book p. 11

front

I am sure it helped me to give me regular orderly habits, and such a sight as dolly flung on the ground, and left there all night, was never seen in my nursery.

I should have been much shocked, I believe, to have seen my baby brother there.

{...with careful treatment, will last a lifetime...when the permanent value is considered, the cost is a wise investment!}

back

The first long – clothes doll I had, my mother taught me to dress in exactly the same way as she dressed the baby.

Never to set it up on any account whatever, was one thing that was impresses on me, until it was supposed to be 3 months old; also to feed it at regular times; to put it to bed at a fixed hour, and put it down for its morning sleep at regular times; and I used to arrange to do this whilst I was at my lessons, and could not have played with "dolly" if I had wished to do so.

Inside book p. 12 front

She's Adorable with luscious curves magically moulded into cameo clear contours....

...the beauty of the figure depends not only upon the symmetry to the parts individually, but upon the harmony and proportion of each part to the rest.

back

To dress a grown-up big doll a few hints are wanted. The under-clothes would, of course, be made exactly in the same way [as the child doll], and dresses according to the present fashion [that changes more or less every month.

If girls are cleaver at needlework, they have only to look at their own dresses or those in a fashion-book, and they must make the doll's exactly in the same way; and I consider it a very good plan for girls to make miniature dresses in the fashion, for they could then soon learn to make their own, and, of course, it is so much better to learn on some stuff that does not matter if it spoilt.

inside book p. 13 front

A pretty girl should makes the very utmost of herself, and not lose one day of looking beautiful by dressing badly while her fresh youth lasts.

We cannot all be beauties, but there are scarcely any of us who cannot be greatly improved by a little knowledge, care and attention.

back

I can now make my own dresses well, and I learned it all from making dolls' dresses; but they must be made **perfectly**, as if they were for oneself, – every seam, overcast, &c, &c.

Inside book p. 14 front

Most girls who like work at all are very fond of dressing dolls, not so much, perhaps, at the age when they play with them themselves, but when they grow older, and they dress them for their younger sisters, or, if they have none, for little girls of their acquaintance.

A doll is a nice present for a child at any time; but how much the pleasure is enhanced if it is dressed!

back

A tender mother cannot but feel an honest triumph in completing these talents in her daughter which will necessarily excite admiration; but she will also shudder at the vanity that admiration may excite, and at the new ideas it will awaken.

Inside book p. 15 front

The Culture of Beauty is the Natural Right of Every Woman.

A woman's natural quality is to attract, and having attracted, to enchain; and how influential she may be for good for evil, the history of every age makes clear.

She can help by watching her looks and figure, by being neat in appearance...

back

For each woman has to learn for herself, what will make her own body better in proportion and finer in grace, what will enhance her beauty, and what will express her individuality.

To Ensure Grace for Her... (mother/daughter child undershirt "waist" book 1) Tamar Stone © 2006

Inside book

back cover embroidered

To Ensure Grace for Her

attached to inside vest

Tamar Stone © 2005