"your/my...insecurities are my limbs..."
Tamar Stone

Each page is 8 1/2" x 5", B & W xerox on accetate or vellum. Clear pages are accetate, all other pages are 36lb. T-2000 vellum.

Text list:

- i. (front cover) your/my
- insecurities are my limbs....
- 1. 'limb\'lim\ n 1: one of the projecting paired appendages (as wings) of an animal body used esp. for movement and grasping but sometimes modified into sensory or sexual organs esp: a leg or arm of a human being 2: a large primaray branch of a tree 3: an active member or agent 4: EXTENSION, BRANCH
- 2. : a large primary branch of a tree of a human being
- 3. insecurities are my phantom limbs...?

DEFINTIONS

FIG. II

A replacement for a missing limb, which meets accepted checkout standards for comfort, fit, alignment, function, appearance and durability.

4. Contents CHAPTER
THE HEAD, FACE, AND EXPRESSION.
mind...all in your head

Ear - Mouth - Eyes - Expression - Muscles of expression - The eye in expression - Muscles of the nose - Muscles of the mouth - The mouth in expression - Laughter - Reflection - Shyness - Rage feeling...negative, pessimistic, realistic insecure, fear, - Sneering - Disdain - Fear - Horror - Habitual expresssion limb...extra, excess, excessive...crutchtoleanon...and on,

define (difin'), v.t. to determine the limits of; to mark out, to fix with precision (as duties etc.); to state the meaning of, to describe a thing by its qualities and circumstances. definable, a. definably, adv. definite (def'init), a. fixed precisely; exact, distinct, clear; decided, obvious; certain,

5. parts idenified outside of brain:

Cerebrum, fear...faults. security.

words inside the head:

Vision, Cerebellum, Habitual expression, phantom limbs, Hearing, Skin and muscular sense, Foot Leg Arm, Hand Face, Tongue Trunk, Head Eye, Speech coordination

5. (continued)

<u>small brain drawing:</u> Left half of cerebrum Word Understanding

Insecurities
Figure 74
"Localization of functions in the brain."

BRAIN, the center of the nervous system in man and the higher animals. The human brain is the seat of the mind and the source of all that mankind has achieved. No great invention was ever perfected, no great picture was ever painted, no great book was ever written, that was not first produced in the brain of a human being. "Out of it are the issues of life." The quality of a man's brain determines in large measure what his life shall be. Scientists have studied this wonderful organ, and have named its parts and identified the materials of which it is made. Beyond this they cannot go. How the brain mechanism creates man's thoughts, intellect, soul - call it what you may - is an unsolvable mystery.

- 6. Ilimb \'lim\ n [ME lim, fr. OE: akin to ON limr limb, L limes limit, limen threshold, Gk leimon meadow] (bef. 12c) 1: one of the projecting paired appendages (as wings) of an animal body used esp. for movement and grasping but sometimes modified into sensory or sexual organs; esp: a leg or arm of a human being 2: a large primary branch of a tree 3: an active member or agent 4: EXTENSION, BRANCH 5: a mischievous child limb-less \'lim-les\ adj limby \'lim-e\ adj out on a limb: in an exposed or dangerous position with little chance of retreat
 - limb vt (1674) 1: DISMEMBER 2: to cut off the limbs of (a felled tree)
 limb n [L limbus border more at LIMP] (14c) 1: the graduated margin of an arc or circle in an instrument for measuring angles 2: the outer edge of the apparent disk of a celestial body 3: the expanded portion of an organ or structure; esp: the spreading upper portion of a gamosepalous calyx or a gamopetalous corolla as distinguished from the lower tubular portion.

define (defin'), v.t. to deremine the limits of; to mark out, to fix with precision (as duties etc.); to state the meaning of, to describe a thing by its qualities and circumstances.

7. (Fig. 43).

Scientist have studied this wonderful organ, and have named its parts and identified the materials of which it is made.

Beyond this they cannot go.

8. Fault (def.5) MIDWAY BETWEEN THE PRONE AND THE SUPINE POSITIONS

FAULT is the common word used to refer to any of the ordinary shortcomings of a person; when it is used, condemnation

Section of strata displaced by a fault;

A and A¹, formerly continuous mass of rock;

F, Fault line

9. **fault-finder-er** (folt'fin'der). *n*. a person who finds fault; one who complains or objects, esp. in a petty way.

fault-find-ing (folt'fin'ding), n. 1. the act of pointing out faults, esp. faults of a petty nature; carping. -adj. 2. given to finding fault; disposed to complain or object; captious.

fault-less (folt'lis), adj. without fault or defect; perfect.

10. Substitutes - fault

Some of the More Popular Terminal Devices

-Syn. 1. blemish; frailty, shorcoming. FAULT, FOIBLE, WEAKNESS imply shortcomings or imperfections in a person.

- 11. (image of tree on accetate no text)
- 12. "Out of it are the issues life."

BRAIN FROM ABOVE

The human brain is the seat of the mind and the source of all that mankind has achieved. The quality of a man's brain determines in large measure what his life shall be. How the brain mechanism creates man's thoughts, intellect, soul - call it what you may - is an unsolvable mystery.

12. (continued)

SECTION THROUGH HEAD AND NECK

- 1. medulla oblongata; 2, pons; 3, worrying temperament; 4, cerebellum insecure; 5, blood vessel; 6, corpus striatum; 7, nasal passsage; 8, nasal bone; 9, soft palate; 10, TREPIDATION; 11, tongue; 12, epiglottis; 13, os hyoides; 14, esophagus; 15, spinal cord; 16, larynx; 17, windpipe.
- 13. **limbed**\'limb\: having limbs esp. of a specified kind or numberto be secure.
- 14. what if...what if...sorry...stupiditiy?what i-secure...security...security?....to be secur-...insecure,fear,negative,pessimistic,realis-???,,,,fear,more,more fear,fear,fear,fear,fearfea-...of what...sorry...sorry...sorry...sorry...sorry...sosrry...extra,excess,excessive...crutchtoleanon...and on,on,...fear...faults...what if...sorry...stupiditiy?what ifwhatif-fear...fauts...what if...sorry...stupiditiy?what ifwhatit's in your/mine mind..."all in your head"..
- 15. ...extra, excess, excessive...

words on figure/tree limbs:

...all in your

head

feeling...

fear,

faults

insecure,

negative,

pessimistic,

security?

insecure. what what if...what if...what if...if...if...

fear, fear... ...sorry.

secure. of what... sorry.

16.

16ar \'fi(e)r\ vt (bef. 12c) 1 archaic: FRIGHTEN 2 archaic: to feel fear in (oneself) 3: to have a reverential awe of <- God > 4: to be afraid of: consider or expect with alarm - vi: to be afraid or apprehensive - fear-er n

²fear n [ME fer, fr. OE faer sudden danger; akin to L periculum attempt, peril, Gk peiran to attempt, OE faran to go - more at FARE] (12c) 1 a: an unpleasant often strong emotion caused by anticipation or awareness of danger b (1): an instance of this emotion (2): a state marked by this emotion 2: anxious concern: SOLICITUDE 3: profound reverence and awe esp. toward God 4: reason for alarm: DANGER

syn FEAR, DREAD, FRIGHT, ALARM, PANIC, TERROR, TREPIDATION mean painful agitation in the presence or anticipation of danger. FEAR is the most general term and implies anxiety and usu. loss of courage; DREAD usu. adds the idea of intense reluctance to face or meet a person or situation and suggests aversion as well as anxiety; FRIGHT implies the shock of sudden, startling fear; ALARM suggests a sudden and intense awareness of immediate danger; PANIC implies unreasoning and overmastering fear causing hysterical activity; TERROR implies the most extreme degree of fear; TREDPIDATION adds to DREAD the implications of timidity, trembling, and hesitation.

in-se-cure \in(t)-si-'kyu(e)r\ adj [ML insecurus, fr. L in- + securus secure] (1649) 1: not confident or sure: UNCERTAIN < feeling some what - of his reception > 2: not adequately guarded or sustained: UNSAFE < an - investment > 3: not firmly fastened or fixed: SHAKY < the hinge is loose and - > 4 a: not highly stable or well-adjusted

17. **in-se-cure** \.in(t)-si'kyu(e)r\ :not firmly fastened or fixed: not highly stable or well-adjusted.....

To date it has not been possible to devise a hinge to overcome this difficulty.

- 18. Figure 3. Schematic cross section showing most of the elements of the application of a prosthesis to a below-knee amputee immediately after surgery. The suture line, silk dressing, and drain are not shown for the sake of clarity.
- 19. We must now examine the influence these structures have upon the surface contours.
 - MODEL The outer border is gently curved from the upper broad attachment to the more pointed lower origin

- 20. C. fear...of what feeling...insecure, fear, sorry.
 - A. what if...what if...what if...
 - D. ...sorry...sorry...sorry
 - B. limb...extra, excess, excessive.

it's in your/my mind...all in your head

- 21. Content
- 22. pes-si-mism \ 'pes-e-,miz-em also 'pez-\: an inclination to emphasize adverse aspects

hip/leg drawing-from waist to foot:

WAIST BELT STERILE STUMP SOCK SUSPENSION STRAP CAST SOCKET FELT PRESSURE-RELIEF PADS ADJUSTABLE PROSTHESIS

fig. A enlarged circle diagram (clockwise direction):

STERILE STUMP SOCK
ELASTIC PLASTER-OF-PARIS-BANDAGE
FIRST REINFORCEMENT WRAP CONVENTIONAL PLATER BANDAGE
SECOND REINFORCEMENT WRAP CONVENTIONAL PLASTER BANDAGE
FLUFFED GAUZE

re-align \,re-e-'lin\
: to reorganize of make
new groupings of

re-al-ism \'re-e-,liz-em, 'ri-e-\: the conception that an abstract term names an independent and unitary reality

23. : the outer edge of the apparent disk The inner borders of the intermediate one, midway between the other two.

> words on figure: surface contours.

this corresponds to certain definate posistions.

Fig. 54.

: the graduated margin of an arc or circle in an instrument for measuring angles

24. my insecurities my limbs.

> An artificial limb using assembled components, usually of the endo skeletal type where the supporting member is covered with a soft foam or other light material shaped and finished to resemble the natural limb.

Fig. 55. : the expanded portion of an

- organ or structure; esp: the spreading upper portion
- 25. 'limb\'lim\ n 1: one of the projecting paired appendages (as wings) of an animal body used esp. for movement and grasping but sometimes modified into sensory or sexual organs; esp: a leg or arm of a human being 2: a large primary branch of a tree 3: an active member or agent 4: EXTENSION, **BRANCH**
- a handmade "Out-On A-Limb" production c.1994 TRS 26.
- insecurities are my limbs.... your/my ii. (back cover)

Tamar Stone - book text list "your/my insecurities are my limbs...."